

Principle-Based Partner Yoga™

Level I @ National Holistic Institute/Dec 1 -3
Emeryville/East Bay, CA

Deepen and
develop your
skills in touch,
connection and
communication.

Join us for this
transformational
journey into body,
heart and Soul.



Principle-Based Partner Yoga™ is an emerging, visionary art that expands the experience of Yoga into the realm of relationship while elevating your personal and professional practice.

Designed for Yoga teachers/practitioners, body workers, relationship counselors and anyone (*minimum one year Yoga experience*) interested in an in-depth immersion in the essence of Yoga-Union. Includes Comprehensive Training Manual / Follow-up support.

Facilitator: Elysabeth Williamson, *E-RYT500*

Assisted by: Renee Aranada, *CMT*

Fee: \$395

Location: Holistic Institute, 5900 Doyle St, Emeryville

Schedule: Friday 5-9PM / Sat and Sun 9-1 and 3-7PM

Info/Registration: www.PartnerYoga.net

*"The training was taught with grace,
elegance and brilliance. I am going
back to NY with extreme inspiration and
support for Principle-Based Partner
Yoga that will be with me always."*

-Graduate, NY

Elysabeth Williamson is the founder of Principle-Based Partner Yoga™ and the author of 'The Pleasures and Principles of Partner Yoga'. She trains teachers internationally in this healing art.