



# Partner Yoga for Couples

## with Elysabeth Williamson

Spend a special evening with your loved one enjoying the pleasures of Partner Yoga.

Learn active and restorative practices that will enrich your relationship and awaken a richer, more intimate connection. This workshop invites partners to see and experience each other from a whole new perspective. No experience needed. Singles are welcome to come with a friend.



Elysabeth Williamson, E-RYT 500, is an internationally recognized Yoga teacher and founder of Principle-Based Partner Yoga™. She is the author of 'The Pleasures and Principles of Partner Yoga' and recently released 'Partner Yoga Touch', a state-of-the-art iPhone app, both award winning projects. Elysabeth's primary passion is how to use Yoga as a tool to open the heart and awaken authentic connection. She travels internationally training teachers in this healing art. [www.PartnerYoga.net](http://www.PartnerYoga.net).

Cancelation Policy: Full Refund with 48 hours notice, Full refund as class credit if cancelation is made less than 48 hours before start of workshop

Friday, October 9, 6:30-9:00pm  
Cost: \$60 per couple

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