



# PRINCIPLE-BASED PARTNER YOGA

with Elysabeth Williamson and Lara Barber

## Being Love: The Art of Yoga & Relationship Level 1 Training March 6 -9, Boulder, CO

**Investment:** \$595

Four early bird enrollments @ \$495

**Location:** The Birth Center of Boulder

**Includes:** 25hrs / 60page Manual

**Register:** [www.PartnerYoga.net](http://www.PartnerYoga.net)

**Learn More:** [FAQ's](#)

I felt my heart open in a way I have not felt in a long time, and saw that I am not a victim. This was huge. -Amanda, CO

This was very deeply touching, heart opening, and emotionally stirring experience for me. I experienced a kind of bliss I have only experienced during my deepest meditation. It was inexplicable, except to imagine that it must be our birthright to be in such joy. -Sayoko, OR

### **Schedule:**

Thursday: 7:15 PM - 9:15PM

Friday: 1PM - 8PM

Saturday: 10AM - 8PM

Sunday: 9AM - 1PM



*Elysabeth Williamson, E-RYT 500 is the founder of Principle-Based Partner Yoga™ and author 'The Pleasures and Principles of Partner Yoga'. Lara Barber has taught PBPY for over 10 years and is trained in a variety of therapeutic modalities.*