



AWAKENING THE SUPERPOWER OF THE HEART | VIRTUAL CIRCLE

with Elysa Beth Williamson

TOOLS + INSPIRATION + SUPPORT
for living a heart-centered life
in uncertain times

What does it mean to open our heart? Why is awakening the heart the most important service we can offer ourselves and our world at this time?

When we come together in a circle of equality, one that recognizes the innate wisdom we each carry, we are all uplifted and made stronger.

Join us for this four-week Virtual Circle, activating our heart essence for the benefit of all beings.

Weekly Themes include:

- * Commitment / Courage / Compassion
- * Surrender / Forgiveness / Receptivity
- * Wisdom / Discernment / Intuition
- * Celebration / Creativity / Communion

Come away with:

- * Physical, mental and energetic practices for staying centered in the heart
- * Tools and inspiration for self-forgiveness and self-compassion
- * A greater understanding of the power of the heart in human evolution
- * A stronger connection to the wisdom and intuitive knowing of the heart
- * Deepened capacity to embrace the full range of our human experience

Tuesday evening 6PM June 16/ 23/ 30 and July 7

(US Mountain Time / Converter [here](#))

Cost: \$79 for Series

Platform: Zoom

[Register Now](#)