



We are all living through a time rich with possibility for transformation.

Transformation occurs as we find the courage to look within and see ourselves and others through the eyes of forgiveness and compassion.

Activating The Courage and Compassion of The Heart

Wednesday, April 21, 5 - 6:30pm

mountain time, [time converter](#)

\$20 per person / [register now](#)

Keeping our Hearts open is an act of courage and self-compassion during these uncertain times. Participating in a circle with those committed to living from an awakened Heart supports us in recognizing our innate capacities and inter-connectedness.

(6week session to follow)

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