



PRINCIPLE-BASED PARTNER YOGA

with Elysabeth Williamson and Lara Christine

Principle-Based Partner Yoga: The Art of Yoga & Relationship Level 1 Training

April 20 - 23, 2023 / Sedona, AZ

Investment: \$695 / \$595 until 3/20

Four early bird enrollments @ \$495!

Location: **Sedonya**, Sedona, AZ

Includes: 24hrs / 60page Manual

Register: www.PartnerYoga.net

Learn More: **FAQ's**

Schedule:

Thursday: 7PM - 9PM

Friday: 9AM - 4PM

Saturday: 9AM - 4PM

Sunday: 9AM - 1PM

No experience needed - training in Partner Yoga is for every body! Elevate your practice, deepen your relationships while receiving tools for sharing the practice with others.

Join us for a life-changing experience in the beauty and majesty of Sedona, AZ!

"I experienced a kind of bliss I have only experienced during my deepest meditation. It was inexplicable, except to imagine that it must be our birthright to be in such joy.."
-Sayoko, Portland, OR



Elysabeth Williamson, E-RYT 500 is the founder of Principle-Based Partner Yoga™ and author 'The Pleasures and Principles of Partner Yoga'. Lara Christine has taught PBPY for over 10 years and is trained in a wide array of modalities.